



MERIDIAN

CATERING

*please call Michael Saghian or email
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for all catering orders*

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219 Westheimer Rd. Houston, TX 77006

Delivery and Catering by Meridian Catering

Meridian Catering offers delicious home cooked entrées, fresh salads, hearty sandwiches and delectable desserts to add flavor to your next corporate event. We can accommodate a variety of tastes and occasions. We excel at providing your culinary needs, so you can get back to the business at hand. Whether you are coordinating a working lunch, looking to impress a potential client or celebrating a big win, let Meridian Catering spice things up for you!

ENTRÉES

MINIMUM OF 5
ENTRÉES MUST BE
ORDERED PER ITEM

All Entrées are served with Rolls & Butter or Garlic Bread and choice of two side orders:

Garlic mashed potatoes, mashed sweet potatoes, Cajun rice, rice pilaf, roasted rosemary potatoes, penne pasta with marinara sauce, macaroni and cheese, fresh green beans, sautéed asparagus, sauté vegetable medley, fresh fruit or assorted chips.

ADD QUESO FOR \$1.00
PER PERSON

Oven Baked Herb Crusted Chicken (*Client Favorite!*) (Quartered Chicken) (Chicken breast upon request) \$9.95
Served with rolls, butter and your choice of two sides.

Chicken Chardonnay \$9.95
Grilled chicken breast topped with chardonnay sauce. Served with rolls, butter and your choice of two sides.

Chicken Roulade \$10.95
Lightly breaded chicken breast stuffed with feta cheese, sun dried tomatoes & fresh spinach, topped with our your choice of sauce and served with rolls, butter and your choice of two sides.

Chicken Marsala \$10.25
Chicken breasts sautéed with our Marsala wine sauce. Served with rolls, butter and your choice of two sides.

Lemon Herb Chicken Breast \$10.25
Oven roasted chicken breast marinated in our house favorite seasonings and herbs. Served with rolls, butter and your choice of two sides.

Southern Smothered Chicken \$9.95
Chicken breast smothered in a mushroom gravy. Served with rolls, butter and your choice of two sides.

Grilled Chicken Breast \$10.25
Chicken breast marinated and seasoned with our homemade blend. Served with rolls, butter and your choice of two sides.

Chicken Kabobs \$10.25
Grilled chicken kabobs with Greek Salad, hummus, vegetables, basmati rice, & pita bread.

Chicken Fried Chicken **24 HOUR NOTICE REQUIRED** \$9.25
Chicken fried chicken served with gravy, bread & 2 sides.

Chicken Primavera \$10.45
Lightly breaded chicken breast topped with a touch of blush sauce (blend of marinara and alfredo), zucchini, squash, asparagus and bell peppers. Served with extra sauce on the side, ro

Chicken Scaloppini \$10.25
Lightly seared chicken breast with mushrooms, artichoke hearts, capers in a lemon wine sauce. Served with rolls, butter and your choice of two sides.

Chicken Parmesan \$10.25
Chicken Parmesan with tortellini alfredo and your choice of bread.

Chicken Florentine \$10.00
Marinated chicken breast stuffed with fresh spinach, herbs & ricotta cheese. Topped with spinach cream sauce served with your choice of 2 sides. Served with rolls and butter.

Penne Rustica with Grilled Chicken \$9.75
Penne pasta, artichoke hearts, grilled vegetables & sun dried tomatoes tossed in your choice of sauce. Served with garlic bread & a side salad with your choice of dressing.

Fettuccine Alfredo with Grilled Chicken \$9.75
Fettuccine pasta with our homemade alfredo sauce and grilled chicken. Served with garlic bread & a side salad with your choice of dressing.

Slow Roasted Prime Rib (MINIMUM 20)	\$14.95
A 8 oz. pieces of slow roasted prime rib with Au Jus and horseradish sauce. Served with your choice of two sides, roll and butter. <i>To maintain quality of the meat a carver is suggested.</i>	
Mamas Pot Roast (MINIMUM 10)	\$11.95
Seasoned chuck roast cooked and served with potatoes, carrots, celery, onions and bell peppers. Served with rolls & butter and choice of two sides.	
Chopped Steak (MINIMUM 5)	\$9.95
Grilled ground sirloin patty topped with Sautéed onions, mushrooms and brown gravy. Served with rolls & butter and choice of two sides.	
Flat Iron Steak (MINIMUM 5) **24 HOUR NOTICE REQUIRED**	\$12.95
Very tender strips of meat served with semi-glaze sauce.	
Chimmichuri Beef (MINIMUM 5)	\$12.95
Very tender! Flat Iron steak topped with a fresh Chimmichuri served with rolls, butter and your choice of two sides.	
Beef Marsala (MINIMUM 5) **24 HOUR NOTICE REQUIRED**	\$11.95
Very tender! Beef Fillet topped with marsala sauce served with rolls, butter and your choice of two sides.	
Bourbon Braised Beef (MINIMUM 5)	\$12.50
Very tender! Beef Fillet with a Bourbon sauce served with rolls, butter and your choice of two sides.	
Beef Kabobs (MINIMUM 5)	\$11.95
Grilled kabobs with vegetables, basmati rice & pita bread.	
Beef & Chicken Fajitas (MINIMUM 10)	\$12.95
Includes flour or corn tortillas, guacamole, lettuce, pico de gallo, cheese, sour cream, choice of beans and Spanish rice.	
	ADD QUESO BLANCO \$1.50
Chicken Fried Steak **24 HOUR NOTICE REQUIRED**	\$9.95
Chicken fried steak served with gravy, bread & your choice of 2 sides.	
Homestyle Meatloaf (MINIMUM 10)	\$8.75
Topped with our tomato based glaze and served with rolls, butter and your choice of two sides.	
Spaghetti with Meat Sauce or Meatballs	\$9.25
Spaghetti served with garlic bread, a side salad with choice of dressing, and your choice of protein.	
Top Sirloin Steak (MINIMUM 5)	\$13.99
8 ounce certified Angus top sirloin steak, very lean and grilled to perfection. Served with rolls, butter and your choice of two sides.	
New York Strip Steak (MINIMUM 5)	\$16.99
8 ounces certified lean Topped with mushrooms and Served with rolls, butter and your choice of two sides.	
Penne Pasta Rustica with Italian Sausage (MINIMUM 5)	\$9.25
Penne pasta, Italian sausage, artichoke hearts, grilled vegetables & sun dried tomatoes tossed in your choice of sauce.	
Grilled Pork Loin (MINIMUM 5)	\$10.45
Grilled and served with a touch of light Chianti wine sauce, rolls, butter, extra sauce on the side and your choice of two sides.	
Grilled Pork Chops (MINIMUM 5)	\$10.45
Two 6 ounce center cut chops served with rolls, butter and your choice of two sides.	

Fresh Atlantic Salmon Fillet (MINIMUM 5) \$12.95
Served with rolls, butter, and your choice of sauce on the side and your choice of two sides.

Baked Seasoned Tilapia (MINIMUM 5) \$10.25
Oven baked with a lemon butter sauce. Served with rolls, butter and your choice of two sides.

Blackened Catfish (MINIMUM 10) \$9.95
Blackened catfish topped with a lemon butter sauce served with rolls, butter and your choice of two sides.

Shrimp Skewers (MINIMUM 5) \$11.95
Grilled shrimp skewers served with basmati rice, hummus, Greek salad, vegetables and pita bread.

Grilled Portobella Mushroom \$9.95
Served on top of rice pilaf with Sautéed mix vegetables and fresh asparagus.

Chipotle Black Bean Patty \$9.95
Chipotle black bean patty topped with cilantro lime sauce served over rice pilaf.
Served with a side of Sautéed mixed vegetables and asparagus.

Baked Potato Bar & House Salad (MINIMUM 10) \$8.50
Served with butter, cheese, sour cream & chives (all on the side), rolls & butter served with your choice of dressing.

Veggie Kabobs (MINIMUM 5) \$9.95
Grilled veggie kabobs with vegetables, basmati rice, & pita bread.

Veggie Fajitas \$10.95
Includes flour or corn tortillas, guacamole, lettuce, pico de gallo, cheese, sour cream, black beans, and Spanish rice.

Burger Bar-Hamburger, Grilled Chicken or Chipotle Black Bean Burger (MINIMUM 10) \$9.95
One half pound certified Angus burger served with mustard, mayo, lettuce, tomato, onions, pickles, buns and your choice of one side. Cheese is included on 1/2 the burgers unless otherwise specified.

Deluxe Baked Potato & House Salad \$8.75
Toppings on the side (butter, cheese, sour cream & chives)

Fettuccine Alfredo with Chicken \$9.75
Fettuccine pasta with our homemade alfredo sauce and grilled chicken,
served with garlic bread & a side salad with your choice of salad dressing.

Fettuccine Alfredo with Shrimp (MINIMUM 5) \$10.75
Fettuccine pasta with our homemade Alfredo sauce and Shrimp.
Served with a side salad & garlic bread.

Pasta Primavera (MINIMUM 5) \$7.75
Bow Tie Pasta with fresh vegetables and your choice of sauce. Served with a side salad and garlic bread.
Choose from; Ranch, Italian, Honey Mustard, Vinaigrette, Blue Cheese or Thousand Island.

Penne Rustica (MINIMUM 5) \$7.75
Penne pasta, artichoke hearts, grilled vegetables & sun dried tomatoes tossed in your choice of sauce.
Served with a house salad, rolls and butter.

BOX LUNCHES

All box lunches come with a sandwich, chips or side item & chocolate chip cookie.

Grilled Chicken Wrap \$9.95

Filled with lettuce, tomato, cucumbers, bell peppers, cheese & ranch on the side.

BBQ Sandwich \$9.95

Meat choice are brisket, sausage, turkey, chicken or ham with BBQ sauce on the side.

Grilled Chicken Sandwich \$9.95

Lettuce, tomatoes, pickles & onions with mustard and mayo on the side.

SIDES

MINIMUM 10
PRICE PER PERSON

Broccoli Casserole \$2.00
 Garlic Mashed Potatoes & Gravy \$2.00
 Mashed Sweet Potatoes \$2.00
 Cajun Rice \$2.00
 Rice Pilaf \$2.00
 Roasted Rosemary Potatoes \$2.00
 Twice Backed Potato \$4.95

Fresh Green Beans \$2.00
 Sautéed Asparagus \$2.00
 Macaroni And Cheese \$2.00
 Sauté Vegetable Medley \$2.00
 Fresh Fruit \$3.50
 Assorted Chips \$1.25

DESSERTS

Homemade Brownies \$1.75
 Pecan Bars \$2.00
 Chocolate Pie \$2.75
 Apple Pie \$2.75
 Cherry Pie \$2.75
 Pecan Pie \$2.75
 Coconut Pie \$2.75
 Lemon Pie \$2.75
 New York Cheesecake \$3.25
 Assorted Cookies \$1.75
 Whole Pies (SERVES 10) \$20.00
 Whole Cheesecake (SERVES 12) \$30.00
 8" Cake (SERVES 10-14) \$34.00
 Cupcakes (DOZEN) \$27.00

**Must be ordered by 4PM for next day deliveries.

Assorted Dessert Bars \$1.75
 Assortment of Pecan Bars, Brownies & Cookies.
 Pecan Bars \$2.00
 Baklava \$2.25
 Choice of Walnut or Pistachio

Peach Cobbler (HALF PAN) \$22.50
 (SERVES 10 TO 12) **24 HOUR NOTICE REQUIRED**

Whole Pie (CUT INTO 10 SLICES) \$20.00

Pie (SLICE) \$2.75

Whole Cake \$34.00

48 HOUR NOTICE REQUIRED

The cake can be cut anywhere from 10 to 14 slices per cake,
 Cheesecake 12 slices max.

Cake (SLICE) (MINIMUM 10) \$3.75

48 HOUR NOTICE REQUIRED

New York Cheesecake \$3.25

TOPPED WITH FRESH STRAWBERRIES AND STRAWBERRY SAUCE.

Cake Pops (2) (MINIMUM 10) \$4.75

Assorted mini fancy pastries with seven different flavors including
 double fudge, carrot cake, chocolate mousse, german chocolate,
 italian rum and chocolate macaroon.

BEVERAGES

Coke (12 OZ. CAN)	\$1.25
Diet Coke (12 OZ. CAN)	\$1.25
Seven-Up (12 OZ. CAN)	\$1.25
Dr. Pepper (12 OZ. CAN)	\$1.25
Diet Dr. Pepper (12 OZ. CAN)	\$1.25
Root Beer (12 OZ. CAN)	\$1.25
Caffeine Free Soda (12 OZ. CAN)	\$1.25
Bottled Water	\$1.25
Ice Water in dispensers (MINIMUM 30)	\$0.75
Bag of Ice	\$1.95

Iced Tea (GALLON)	\$12.00
Unsweetened ice tea served with 12 cups, ice, sweetener & lemons.	
Sweet Tea (GALLON)	\$12.00
Sweet tea served with 12 cups, ice & lemons.	
Lemonade (GALLON)	\$12.00
comes with 12 cups, ice and straws.	
Fresh Brewed Coffee (GALLON)	\$12.00
<i>Served with 12 cups, creamers, and assorted sweeteners.</i>	

EXTRAS

Disposable Chaffing Dishes with bottom pan and 2 sternos.	\$12.00
Two Sternos	\$3.00
Full Service Catering	\$120.00
Staffing, real chaffing dishes, buffet table linens & serving utensils.	PER EMPLOYEE UP TO 4 HRS. OF EVENT TIME, INCLUDES SET-UP & BREAKDOWN
China, Glassware, Silverware & Linen Napkins	\$5.00 PER PERSON
Tablecloths	\$12.50
for 60 inch round tables cloth to the floor.	
Chair Covers	\$3.00 PER PERSON
Choice of color.	
Linen Napkins	¢50 PER PERSON
Bar Set Up Service - Disposable	\$1.00 PER PERSON
Includes ice, cups and bar set-ups when the host provides the beer, wine and or other beverages.	

HOLIDAY MENU SPECIAL

Holiday Spinach Salad (FULL PAN) (SERVES 20-25)	\$47.00
Fresh spinach, pears, cranberries, red onion, and toasted Hazelnuts. Served with a citrus vinaigrette on the side.	
Holiday Traditional (MINIMUM 10)	\$10.75
Turkey breast & flat iron steak, dressing, mashed potatoes with gravy, sweet potatoes, green beans, gravy, cranberry sauce, rolls and butter.	
Special Holiday Menu (MINIMUM 20)	\$17.50
Turkey breast & flat iron steak (carved on site), dressing, mashed potatoes with gravy, sweet potatoes, green beans, gravy, cranberry sauce, rolls and butter and a house salad.	
Surf & Turf Holiday Package	\$16.95
Ribeye beef tips in a Chianti wine sauce , jumbo shrimp with a lemon butter sauce, garlic mashed potatoes, Sautéed broccoli with herb butter. Served with fresh rolls and butter.	
Vegetarian Pumpkin Chili (SERVES 1 ENTRÉE, 2 SIDES)	\$9.95
Vegetarian chili Pumpkin flavors topped with cheddar cheese and sour cream. Served with pumpkin cornbread.	
Grilled Portobella Mushroom	\$9.95
Served on top of rice pilaf with Sautéed mix vegetables and fresh asparagus.	
Cranberry Sauce (QUART) (SERVES 15-20)	\$12.00
Turkey Gravy (QUART) (SERVES 15-20)	\$5.75
Holiday Cut Out Cookies	\$2.50
Holiday cut out cookies with icing.	